
Goals to Action

My Goal:

	Actions to Complete Goal	Target Date	Outcome/Notes
1			
2			
3			
4			
5			
6			
7			
8			

Weekly Planner

Week of: _____

Projects to Complete This Week:

Projects to Make Progress on This Week:

Development Opportunities:

Recreation/Hobbies/Health:

Daily Schedule and To Do List

Date: _____

Schedule	
8	00 15 30 45
9	00 15 30 45
10	00 15 30 45
11	00 15 30 45
12	00 15 30 45
1	00 15 30 45
2	00 15 30 45
3	00 15 30 45
4	00 15 30 45
5	00 15 30 45

Status	Priority	Task

<p>Status Key: ✓ = Completed • = In progress X = Deleted → = Moved to another date</p>	<p>Priority Key: A's ~ Vital and urgent. Must be done today. B's ~ Should be done today. C's ~ Optional. No deadline or commitment.</p>
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